

## Welcome to YSS NCR eNewsletter

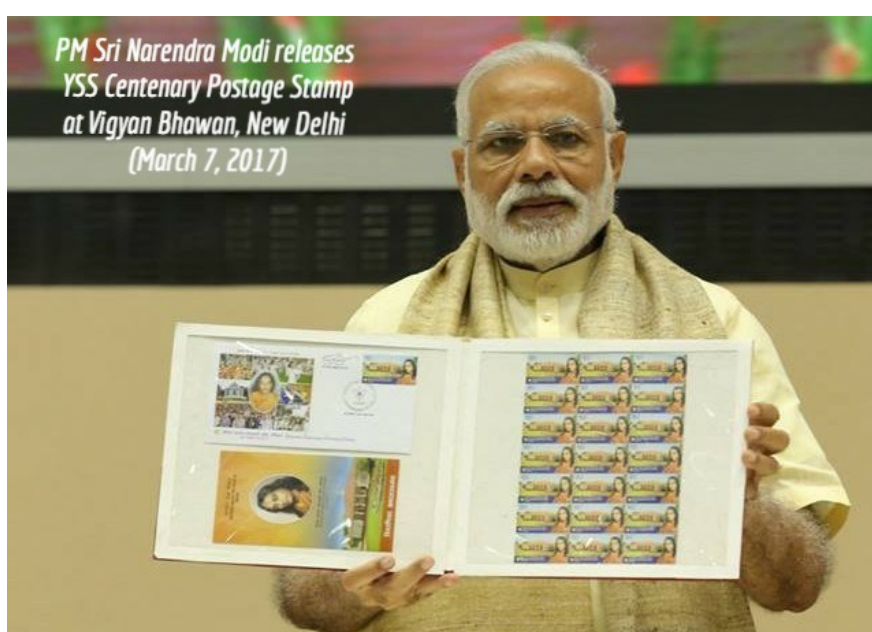
# April-May Issue

We bring you updates on YSS activities in  
Delhi, Gurgaon and Noida  
since March 2017

*(Click on individual events in this list to view the related articles in the newsletter below.)*

PM Modi releases YSS Centenary Postage Stamp on Guruji's Mahasamadhi at New Delhi's Vigyan Bhawan:

- [Message from Sri Sri Mrinalini Mataji on this special occasion](#)
- [VIDEO: Prime Minister addresses YSS devotees and guests](#)
- [PHOTOS: Stamp Release event at Vigyan Bhawan, New Delhi](#)



### Recent Activities

#### **Centenary Celebrations at YSS Noida Ashram**

- [Centenary Sangam celebrated at YSS Noida Ashram](#)
- [Centenary Foundation Day celebrated at YSS Noida Ashram](#)

#### **Centenary Celebrations at YSS Gurgaon Kendra**

- [Centenary Special 24-hour-long Meditation at YSS Gurgaon Kendra](#)
- [Centenary Photo Gallery inaugurated by Swami Lalitanandaji at YSS Gurgaon Kendra](#)

#### **Centenary Foundation Day - Children's Satsanga**

- [Centenary Foundation Day celebrated as annual day of children satsanga from](#)

### **Public Talks**

- [Swami Ishwaranandaji addresses students and staff of BIMTECH college in Greater Noida](#)
- [Swami Lalitanandaji addresses officers of Power Management Institute, NTPC](#)

### **Charitable Activities**

- [Students from Rohini government school receive Paramahansa Yogananda Scholarship](#)

## Upcoming Events

### **Avirbhav Diwas :**

[10 May 2017 5 pm onwards Swami Sri Yukteswar Giri ji](#)

### **Group Retreat:**

[6 May 2017 - 7 May 2017 at YSS Noida Ashram](#)

### **YSS Summer Camps:**

[Girls' Camp 2017: 23 May 2017 - 28 May 2017](#)

[Boys' Camp 2017: 4 June 2017 - 10 June 2017](#)

### **International Day of Yoga**

[18 June 2017 at YSS Noida Ashram](#)

## PM Sri Narendra Modi releases YSS Centenary Postage Stamp at Vigyan Bhawan, Delhi on March 7, 2017

The Prime Minister of India, the Hon'ble Sri Narendra Modi, paid tribute to the lifework of our Gurudeva Sri Sri Paramahansa Yogananda during a special ceremony at Vigyan Bhawan in New Delhi on March 7, 2017.



The occasion was the release of a postage stamp by the Government of India commemorating the 100th anniversary of Yogoda Satsanga Society of India (YSS). The date was chosen to honour the anniversary of Guruji's *mahasamadhi*, which took place on March 7, 1952.

YSS had its beginning in a small ashram and boys' school founded by Paramahansa Yoganandaji in Dihika, India, in March 1917. Today YSS has some 200 meditation centres and groups throughout India, Nepal, and Sri Lanka.

[Read more here.](#)

[VIDEO: YSS Centenary Postage Stamp Release by PM Modi](#)



The Prime Minister unveiled the new stamp before an assemblage of more than 1,500 government officials and YSS members and admirers, in the spacious main hall of Vigyan Bhavan, the government's convention centre for official events. He then delivered an inspired address in Hindi, in which he characterized Paramahansaji as one of India's greatest yogis and teachers—one whose life and work demonstrated for the world the tremendous value of India's spirituality—and praised YSS for successfully maintaining the legacy and spirit of its founder in sharing India's ancient heritage in the modern world.

### [Letter from Sri Sri Mrinalini Mataji](#)



#### **YSS CENTENARY STAMP RELEASE**

*"Dear Ones,  
On this special occasion of the release of the commemorative stamp honouring the 100th anniversary of YSS, I send you my soul's greetings and divine love. It fills me with immense joy and gratitude that through this function the Government of India is paying tribute to YSS and its founder—one of India's great saints—Sri Sri Paramahansa Yogananda. My deepest thanks extend to all who had a role in bringing this about."*

[Click here to read more.](#)

**[PHOTOS: Centenary Stamp Release Function at New Delhi](#)**



[Click here for more photographs of the event.](#)

## Recent Activities

### [Centenary Sangam at YSS Noida Ashram](#)

*"The Sangam was spiritually uplifting, and it has left a deep impact on me," shares Neeta Desai, a devotee from Ahmedabad who visited the Noida Sangam for the first time. Conducted from February 28 to March 5, the event drew over 350 devotees to the serene environs of the ashram.*

[To read more, click here.](#)



### [Centenary Foundation Day Celebrations at YSS Noida Ashram](#)

To mark the completion of 100 years of YSS, special commemorative programmes were conducted at YSS Noida Ashram, Delhi Kendra and Gurgaon Kendra. The day began with a special meditation in the morning at YSS Noida Ashram. Nearly 100 devotees joined in the Prabhat Pheri led by Brahmacharis Dhairyanandaji and Vinayanandaji.



The evening programme of the 100th Foundation Day of YSS was conducted by Swami Lalitanandaji in the basement Dhyana Mandir. Swamiji led meditation followed by a Satsanga on the importance of the Guru in the life of a disciple. Nearly 300 devotees attended the programme, which was followed by Guru Langar.

[For more photographs, Click Here.](#)



### [Long Meditation of 24 hours at YSS Gurgaon Kendra](#)



A special 24-hour Meditation was held at YSS Gurgaon for the first time from Saturday, March 11 (10 am) to Sunday, March 12 (10 am). Br. Dhairyananda Ji conducted part of the meditation. About 119 devotees participated in this meditation. Refreshments and night stay arrangements were made for devotees at the Kendra.

[For pictures, click here.](#)

### [Swami Lalitanandaji Inaugurates Gurgaon Centenary Photo Gallery](#)

Swami Lalitanandaji inaugurated the Centenary Photo Gallery of YSS Gurgaon Kendra on March 12, 2017. Representative of the milestones and special events at the Kendra since its inception, the gallery covered the construction phase, inauguration of the Kendra, various YSS and SRF monastic visits, etc.

[To view pictures, click here.](#)



### [Children Satsanga groups of Noida, Delhi and Gurgaon celebrate Annual Day](#)



An enthralling line-up of fun activities on the annual day of Children Sunday Satsanga on April 9, 2017 at YSS Noida Ashram as YSS Foundation Day was celebrated by children from Noida Ashram, Delhi and Gurgaon Kendras, as well as from PYSBV with cultural programmes, sports and release of balloons.

[Click here for the report.](#)

[View pictures by clicking here.](#)

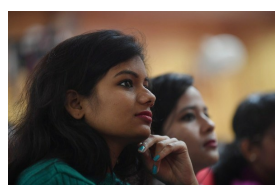
## Public Talks

### [Swami Ishwaranandaji speaks at BIMTECH business school](#)

#### **PUBLIC TALK**

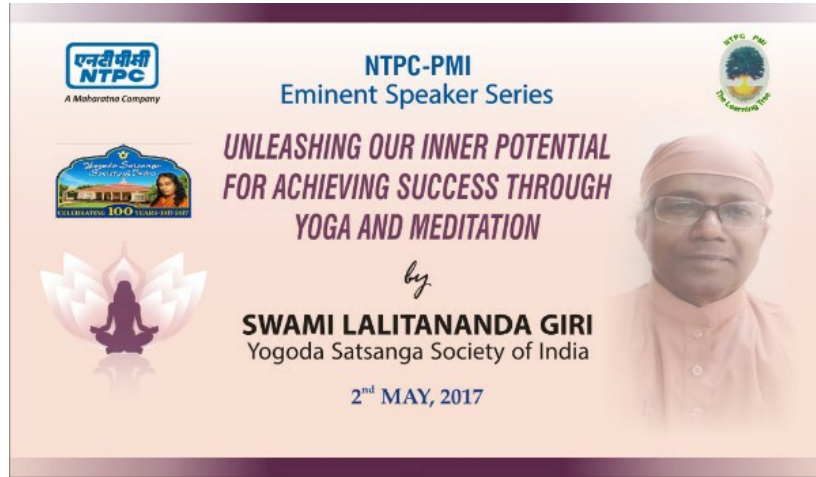
#### **Swami Ishwaranandaji speaks at BIMTECH business school**

'Achieving Success without Stress through Meditation' was the theme on which Swami Ishwaranandaji addressed students and faculty of BIMTECH in two sessions of public talks at the campus of the management school in Greater Noida.



Attended by 100 students in the first session and 60 teaching staff in the second, the talk was very well received and drew several participants to the Yoga teachings of Gurudeva. In the interactive session that followed, many inquisitive minds explored YSS literature and sought answers to queries.

[To view pictures, click here.](#)



**PUBLIC TALK**

***Swami Lalitanandaji speaks at Power Management Institute of NTPC***

As part of YSS Centenary outreach initiatives to promote the teachings of Gurudeva Sri Sri Paramahansa Yogananda, a series of public talks have been planned for this year. On May 2, 2017, Swami Lalitanandaji delivered a lecture on 'Unleashing Our Inner Potential for Achieving Success Through Yoga and Meditation' for the officers and staff of the Power Management Institute of NTPC at their Noida campus. It was attended by over 300 persons (staff and trainees) and it was webcast to 13000 NTPC employees in various parts of India. Read more details of this event in the next edition of the eNewsletter.

**Charitable Activities**

**Students receive Paramahansa Yogananda Scholarship**

**Brahmachari Dhairyanandaji distributed scholarships to deserving students of Government Sarvodaya Co-educational Vidyalaya of Rohini in west Delhi. A total of 73,200 rupees has been distributed in 2016-17 to 16 students after qualifying a written test under the Paramahansa Yogananda scholarship scheme initiated by the devotees of YSS Delhi Kendra.**

[Click here to read more.](#)

[For pictures, click here.](#)



**Upcoming Events**

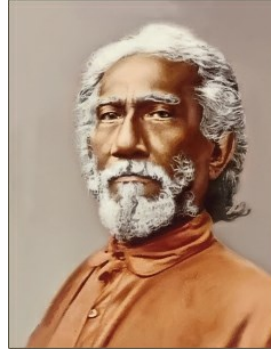
**Avirbhav Diwas Programme of Swami Sri Yukteswar Giriji**

"Human conduct is ever unreliable until anchored in the Divine. Everything in future will improve if you are making a spiritual effort now."

- Swami Sri Yukteswar Giri

Satsanga and Pushpanjali (Wednesday, May 10)  
Noida - 5 to 7:30 pm (followed by Guru Langar)  
Delhi - 5 to 7 pm  
Gurgaon - 5:30 to 7:30 pm

Long Meditation  
Gurgaon - Saturday, May 6 (2 to 7 pm);  
Delhi - Sunday, May 7 (10 am to 4 pm)



[Visit Our Website for More Information](#)



For more information and news about YSS programmes and events in Delhi, Gurgaon and Noida, please visit our website:

[www.noida.yssashram.org](http://www.noida.yssashram.org)

[Book Accommodation ONLINE](#)



We would encourage you to make your bookings for accommodation in the Noida Ashram through our Website using the link:

<http://noida.ysskendra.org/reservation>

[Conducted Group Retreat at YSS Noida Ashram in May](#)



**THEME: Unconditional Love**  
**DATE: May 6 - 7, 2017**

*Please note that the group retreat starts on Friday, May 5 with the Opening Satsanga at 8.15 pm.*

To know more about how to participate in this retreat at Noida Ashram, [click here](#).

[Children's Camps at YSS Noida Ashram](#)



**GIRLS' CAMP 2017**

Through annual children's camps for girls, [YSS Noida Ashram](#) provides a wonderful opportunity to parents to help plant spiritual seeds in the minds of their little ones. This year too, a girls' camp will be conducted from May 23 to 28 for girls studying in classes 6, 7 and 8. Last date for application is May 10.

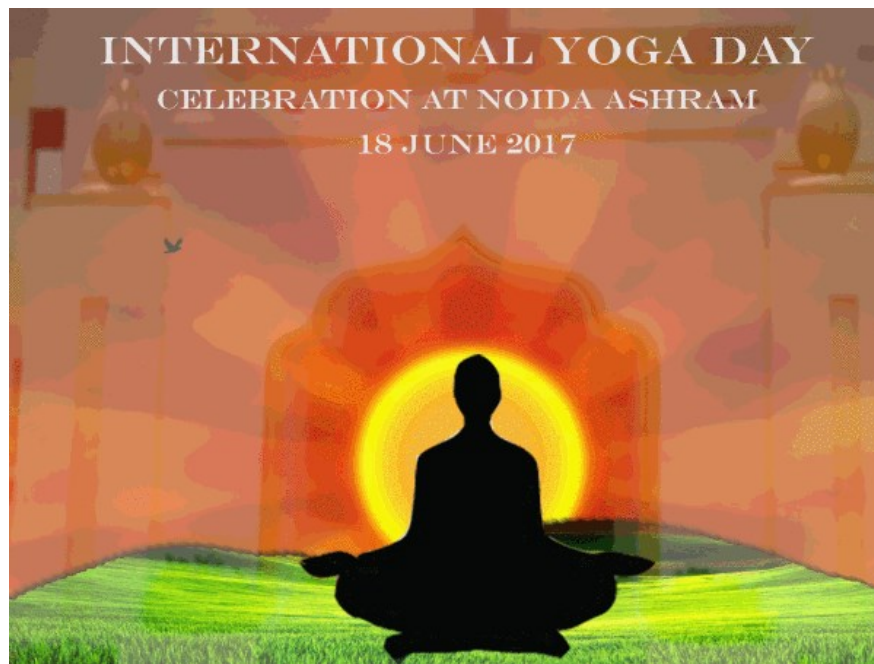
### BOYS' CAMP 2017

YSS Noida Ashram will host a summer camp for boys from June 4 to 10. Like in previous years, the young boys will be introduced to meditation, apart from public speaking, audio, communication, music, yogasanas, vedic maths, food art, photography, and other subjects as well.



### International Day of Yoga 2017

The International Day of Yoga will be celebrated in Noida Ashram on June 18, 2017. There will be a special programme for those who would like to be introduced to Yoga. All who attend will be guided through a brief period of meditation. All YSS devotees are welcome to bring their family, friends and relatives who they think might be interested in the programme. Details of the same, including timings will be communicated later.



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